

**COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH
PROGRAM SUPPORT BUREAU
QUALITY IMPROVEMENT DIVISION
CULTURAL COMPETENCY COMMITTEE MEETING MINUTES**

Date: April 10, 2013

Present: Ann Lee, Long Beach-South Bay Geo Initiative; Ava Simms, Patient's Rights Office; Chandler Norton, OASOC; Dennis Murata, PSB Deputy Director; Francisco delaSerna, Bay Front YFS; Guillermina Hernandez, PSB; Harold Turner, NAMI Urban L.A; Helena Ditko, Office of Family Engagement; James Randall, SA 2 Administration; Kia Hayes, PSB-QID, Data QIS Unit; Kathy Chantraprabhavej, SA5 Administration (phoned-in); Kevin Tsang, OASOC, District Chief; Leticia Ximénez, Community and Government Relations Division, CCC Co-Chair; Luis Escalante, WET; Luis Garcia, Tri City MHS; Lupe Ayala, SA7 Administration; Mark Borkheim, PSB-QID, CC Unit; Martha Drinan, PSB-QID District Chief; Michael Tredinnick, ACCESS Center; Michelle Hernandez, Enki; Mirian Sandoval, PSB-QID; Moses Adegbola, PSB-QID, Data GIS Unit; Nathalie Blume, PSB-QID Data GIS Unit; Rosina Guzman-Ehrlich, NAMI Westside LA; Sandra Chang-Ptasinski/PSB, QID-CC; Sandra Chin, PSB-QID, Data-GIS Unit; Saul Zepeda, Hathaway Sycamores; Scott Hanada, Adult Systems of Care; Staci Atkins, SA 6 Administration; Stephanie Yamada, PACS (phoned-in); Sylvia Guerrero, PSB-TIS Unit; Tam Nguyen, API UREP; Tomas Martinez, Pepperdine University; Trudy Washington, QID, CC Unit.

Agenda Items	Comments/Discussion/Recommendations/Conclusions	Action Item	Person(s) Responsible
Welcome & Introductions	Attendee introductions		
Review of Minutes	Minutes reviewed and approved.		Co-Chairs

ESM Update	<p>The Southern Region ESMs had a conference call. There were several topics discussed:</p> <ol style="list-style-type: none"> 1) <u>CRDP Reports</u> <p>The California Mental Health Directors Association (CMHDA) is considering the implementation of a Reducing Disparities Forum/Policy Forum to: Discuss the future direction of the CRDP Reports, find out how the different Counties are working with the CRDP recommendations, determine how recommendations can be incorporated into service delivery, and coordinate presentations on policy issues being raised by the Reports.</p> 2) <u>Cultural Competency Plan Survey</u> <p>The California Department of Health Care Services (CDHCS) has oversight of the Cultural Competency (CC) Plans. The CC Plans submitted to the CA DMH in 2010 have not all been reviewed/scored. Counties whose CC Plans were reviewed by the former CA DMH have not received their final scores. The CDHCS will generate a survey to access Counties' opinions/ preferences on two items: 1. CDHCS to complete scoring of the 2010 CC Plans and provide formal feedback to each County, and 2. CDHCS not to review/score submitted CC Plans. Instead, wait until the next round of CC Plans is submitted. The CDHCS will send the surveys to each County Department of Mental Health director and forward the survey results to the CMHDA. ESMs will receive the results from the CMHDA.</p> 3) <u>Senate Bill 330 - Comprehensive Health Education Plans: Mental Health Instruction for CA Public Schools</u> <p>According to Senate Bill 330, the State Department of Education will develop and distribute guidelines for school districts to prepare comprehensive health education plans. This Senate Bill will make it possible for school district students to become knowledgeable about mental health. Collective feedback from the ESMs was</p> 		<p>Sandra Chang Ptasinski, Ph.D.</p>
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	<p>requested to ensure that the Bill incorporates cultural competency language.</p> <p>4) <u>CC Summit 2014</u></p> <p>Ventura, Santa Barbara and San Luis Obispo Counties have been in dialogue regarding the 2014 CC Summit sponsorship. The CC Summit has tentatively been set for March, 2014. CMHDA will provide guidelines being developed for CC Summit sponsorship.</p> <p>5) <u>Child FSP Referral Form</u></p> <p>Introduced Ms. Kathy Chantraprabhavej from SA 5 Administration to the CCC. She called into the meeting to listen to CCC feedback on the gender item of the Child FSP Referral Form. The current form reads "Gender: Male __ , Female ____ and Unknown ____". Inclusion of "Unknown" was discussed to ensure that the referral form documents with sensitivity information that is needed.</p> <p>The Committee provided the following recommendations:</p> <ul style="list-style-type: none"> • Include a space for "Other" with a fill-in the blank space next to it. • Include "Unknown" with a fill-in the blank space next to it. • List "Unknown" as an option under "Other". • Mr. Dennis Murata, PSB Deputy Director suggested soliciting feedback at the MHSA Implementation meeting as this discussion may also have implications for all age group referral forms. <p>6) <u>Service Area Provider Directories</u></p> <p>Ms. Martha Drinan, PSB-QID District Chief led a discussion regarding the inclusion of "culture" as a category in the PSB-QID SA Provider Directories. The proposed listings to be added include:</p> <ul style="list-style-type: none"> - Co-occurring disorders - Veterans 	<p>Sandra Chang Ptasinski will contact Debbie Innes-Gomberg to request time on the agenda for next MHSA Implementation meeting</p> <p>Sandra Chang Ptasinski will e-mail proposed listings to CCC and gather feedback.</p>	
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<p>Presentations:</p> <p>Engaging Families of Adult Consumers</p> <p>Powerpoint presentation entitled: Foreign Born Africans in the County of Los Angeles: Perception of Mental Illness and Barriers to Seeking Mental Health Care</p>	<ul style="list-style-type: none"> - Health screenings - LGBTQ - Peer support/self-help - Family member support <p>Helena Ditko reviewed the purpose, mission and vision of the Office of Family Engagement, and suggested strategies for strengthening relationships between consumers, family members and the treatment team. Families can be a great asset to support treatment goals and problem solve for best outcomes.</p> <p>Foreign Born Africans represent an increasing migrant population group in the United States and in the County of Los Angeles in particular. Although they belong to diverse cultures from different countries in Africa, they share common socio-cultural, economic and political experience which makes them a distinct migrant population. Their culture, relatively poor background from which they migrated and acculturation challenges are contributing factors for mental health related problems.</p> <p>Foreign Born Africans see mental illness from a narrow perspective unlike in Western Psychiatry. The overriding belief among this population is that mental illness has a spiritual undertone. Foreign Born Africans, therefore, prioritize the efficacy of spiritual solution to resolving mental health crisis. As such, Mental Health needs of Foreign Born Africans must be recognized as unique and treated within the framework of their cultures.</p>	<p>The deadline for submission of feedback is April 26th.</p>	<p>Helena Ditko, LCSW, Office of Family Engagement</p> <p>Moses Adegbola, Ph.D. PSB-QID, Data GIS Unit</p>
<p>Next meeting</p>	<ul style="list-style-type: none"> ▪ Wednesday, May 8, 2013, 1:30 pm to 3:30 pm 695 S. Vermont Ave., 15th Floor Glass Conference Room. 		

Respectfully Submitted,